



## **MODULE 1**

### **PERSONAL EMERGENCY PREPAREDNESS**

# **1D**

## **Family Emergency Preparedness Plan**



**PERSONAL EMERGENCY PREPAREDNESS  
MODULE 1D: YOUR PERSONAL DISASTER PLAN**

## Family Emergency

**Materials Needed:**

1 copy of Family Preparedness Plan for each household

1. **Home Floor Plan** - Sketch the layout of your home on the form in your Family Emergency Preparedness Plan (FEPP).
2. **2 Ways Out** - You will need to determine 2 ways out of each room. One would be the primary emergency exit route to be used in most instances. The other would be an alternate route, in case the primary route is blocked or unsafe. These exit routes should then be labeled on your sketch in different colors. One color for the preferred routes, and a different color for the alternative routes.
3. **Two Meeting Places** - Arrange two meeting places in case family members are separated. One should be outside your home, and one outside your neighborhood in the event that an evacuation is ordered or you are unable to return home. If a mass disaster hits, your neighborhood and your town may look very different than it did before the disaster. Landmarks may be destroyed, familiar buildings may be gone or unrecognizable, street signs may be covered with debris. You need to know how to get to your meeting place without familiar surroundings. Everything will look different, so keep that in mind. Record this information in your Family Emergency Preparedness Plan (FEPP).
4. **Out of Area Emergency Contact** - Arrange a long distance and out of state contact (a friend or a family member) who will act as your emergency contact person. In emergency situations it is often easier to get through to a number out of the immediate disaster area. Make sure each member of the family knows how to get in touch with this person. Record this information in your FEPP.
5. **School Contacts** - Have the contact information for children's school and elderly relative's nursing homes and daycare on in your FEPP at all times. Make sure that the school also has your most current and up to date contact information. Include the information for your out of state contact person in the school's files also. Find out what the school's disaster plan is, and where they would go in the event they are ordered to evacuate. Imagine the panic you would feel if a disaster struck and you didn't know where to find your children.

6. **Emergency Financial First Aid Kit** - Fill in all the information in the “Emergency Financial First Aid Kit”. Keep one copy in a large freezer type zip-lock bag with other important documents. Keep this in your 7 day emergency supply kit, another copy in hidden in your car or at your workplace (if you feel secure doing so since this contains a lot of personal information). Now this part is VERY important, another copy should be sent to your long distance emergency contact person. Attach recent photos of all family members (especially children), and your pets to your completed guide.
  
7. **Practice your Family Emergency Preparedness Plan** - It is critically important that you practice your plan at least every couple months. A once a month drill, varying the type of emergency, (i.e. house fire, wildland fire, earthquake, flood, storm, etc.) would be ideal. It has been proven over and over again, ***that preplanning and practice saves lives.***
  
8. **Complete Contact Cards** - Fill out the contact cards in your FEPP. Have each member keep these cards handy in a wallet, purse, backpack, etc. These cards will allow you fast and easy access to your important information and phone numbers. It is sometimes difficult to remember phone numbers, etc, in a stressful situation.

# Family Emergency Preparedness Plan



<b>Family</b>
Family Names
Date Prepared
Next Review Date



**Building Healthy  
Communities**

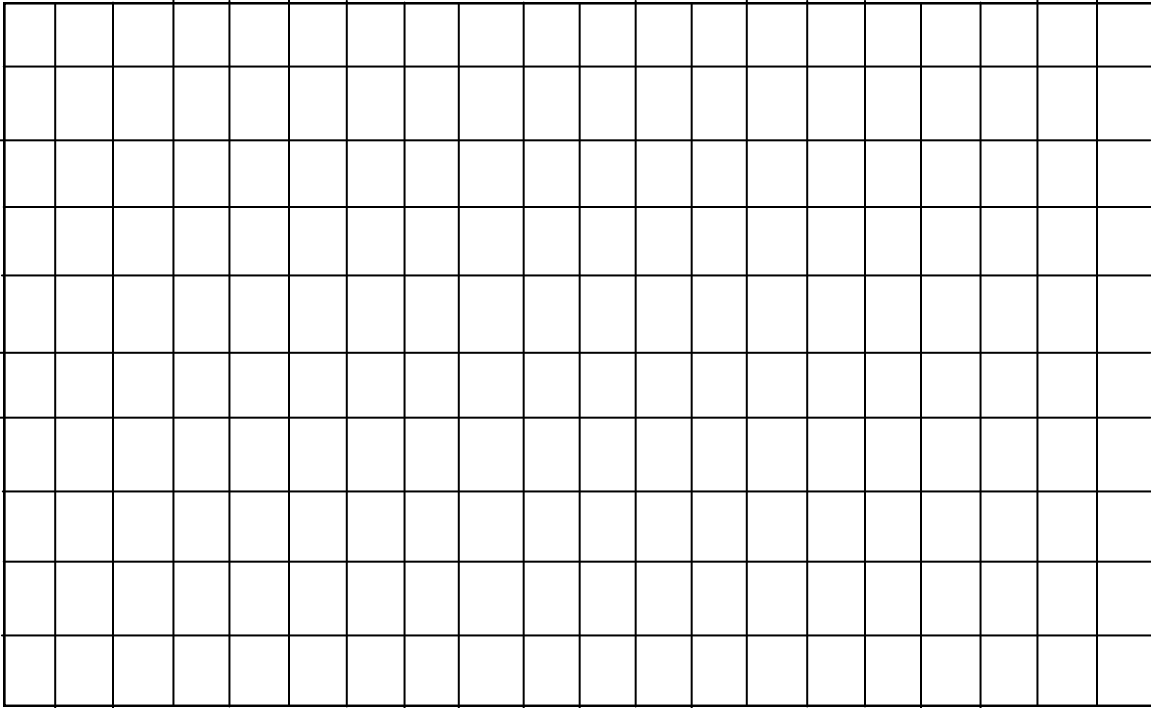
Del Norte County and Adjacent Tribal Lands

# Evacuation Plan for Our Home

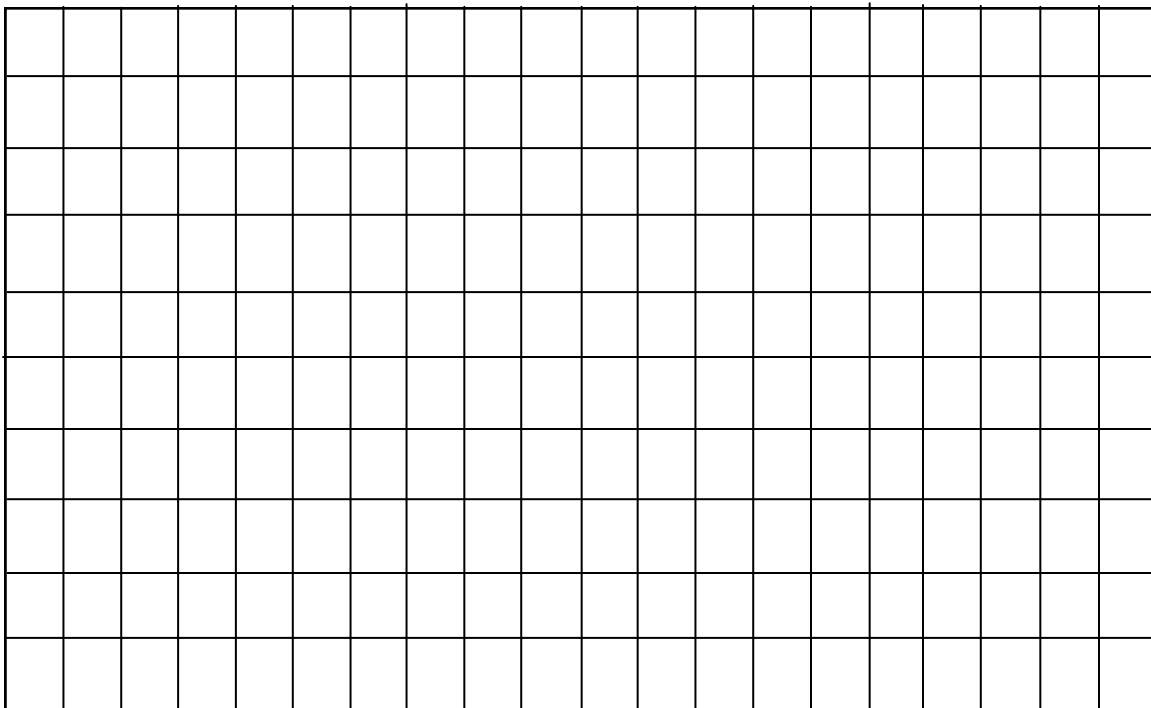
Sketch the floor plan of your home

Mark an two escape routes for each room (in case one is blocked)

Establish 2 designated places to meet. One outside of your home in case of fire , and the other, outside your neighborhood for larger evacuations.



Floor One



Floor Two

## Family Meeting Areas

1. Outside our house by the

\_\_\_\_\_

2. Outside the neighborhood

Address \_\_\_\_\_

Directions \_\_\_\_\_

\_\_\_\_\_

Phone Number \_\_\_\_\_

## Out—Of—Town Contact

Name(s) \_\_\_\_\_

Relationship \_\_\_\_\_

Phone Number \_\_\_\_\_

## Medical Information

Special Needs \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### Prescriptions

Medication \_\_\_\_\_ Dose \_\_\_\_\_

Medication \_\_\_\_\_ Dose \_\_\_\_\_

Medication \_\_\_\_\_ Dose \_\_\_\_\_

Medication \_\_\_\_\_ Dose \_\_\_\_\_

Medication \_\_\_\_\_ Dose \_\_\_\_\_

Medication \_\_\_\_\_ Dose \_\_\_\_\_

Medication \_\_\_\_\_ Dose \_\_\_\_\_

Medication \_\_\_\_\_ Dose \_\_\_\_\_

## Pets

Pet Name \_\_\_\_\_

Description \_\_\_\_\_

Pet Name \_\_\_\_\_

Description \_\_\_\_\_

Pet Name \_\_\_\_\_

Description \_\_\_\_\_

Pet Name \_\_\_\_\_

Description \_\_\_\_\_

## Insurance Information

Insurance Agent \_\_\_\_\_

Homeowner Policy & Number \_\_\_\_\_

Auto Policy & Number \_\_\_\_\_

Health Policy & Number \_\_\_\_\_

Dental Policy & Number \_\_\_\_\_

## Other

---

---

---

---

---



## Emergency Contact Card

Name \_\_\_\_\_

Contact \_\_\_\_\_ # \_\_\_\_\_

Contact \_\_\_\_\_ # \_\_\_\_\_



## Emergency Contact Card

Name \_\_\_\_\_

Contact \_\_\_\_\_ # \_\_\_\_\_

Contact \_\_\_\_\_ # \_\_\_\_\_



## Emergency Contact Card

Name \_\_\_\_\_

Contact \_\_\_\_\_ # \_\_\_\_\_

Contact \_\_\_\_\_ # \_\_\_\_\_



## Emergency Contact Card

Name \_\_\_\_\_

Contact \_\_\_\_\_ # \_\_\_\_\_

Contact \_\_\_\_\_ # \_\_\_\_\_



## Emergency Contact Card

Name \_\_\_\_\_

Contact \_\_\_\_\_ # \_\_\_\_\_

Contact \_\_\_\_\_ # \_\_\_\_\_



## Emergency Contact Card

Name \_\_\_\_\_

Contact \_\_\_\_\_ # \_\_\_\_\_

Contact \_\_\_\_\_ # \_\_\_\_\_



## Emergency Contact Card

Name \_\_\_\_\_

Contact \_\_\_\_\_ # \_\_\_\_\_

Contact \_\_\_\_\_ # \_\_\_\_\_



## Emergency Contact Card

Name \_\_\_\_\_

Contact \_\_\_\_\_ # \_\_\_\_\_

Contact \_\_\_\_\_ # \_\_\_\_\_



**School** \_\_\_\_\_

**School** \_\_\_\_\_

**Work** \_\_\_\_\_

**Meeting Place 1** \_\_\_\_\_

**Meeting Place 2** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**School** \_\_\_\_\_

**School** \_\_\_\_\_

**Work** \_\_\_\_\_

**Meeting Place 1** \_\_\_\_\_

**Meeting Place 2** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**School** \_\_\_\_\_

**School** \_\_\_\_\_

**Work** \_\_\_\_\_

**Meeting Place 1** \_\_\_\_\_

**Meeting Place 2** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**School** \_\_\_\_\_

**School** \_\_\_\_\_

**Work** \_\_\_\_\_

**Meeting Place 1** \_\_\_\_\_

**Meeting Place 2** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**School** \_\_\_\_\_

**School** \_\_\_\_\_

**Work** \_\_\_\_\_

**Meeting Place 1** \_\_\_\_\_

**Meeting Place 2** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**School** \_\_\_\_\_

**School** \_\_\_\_\_

**Work** \_\_\_\_\_

**Meeting Place 1** \_\_\_\_\_

**Meeting Place 2** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**School** \_\_\_\_\_

**School** \_\_\_\_\_

**Work** \_\_\_\_\_

**Meeting Place 1** \_\_\_\_\_

**Meeting Place 2** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**School** \_\_\_\_\_

**School** \_\_\_\_\_

**Work** \_\_\_\_\_

**Meeting Place 1** \_\_\_\_\_

**Meeting Place 2** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_